

# KT Express 2020 Season Information

## KATY SITE INFORMATION

### 6 Week Pre-Season Camp (\$105)

Registration opens December 1, 2019

Practice Location: Katy Junior High School Track

Practice Dates: January 11, 18 and 25; February 1, 8 and 15 @ 8-9:30am

### Track and Field (\$180)

Registration opens December 1, 2019

Practice Location: Katy Junior High School Track

Monday, Tuesday, Thursday at 6pm

Practice Begins March 9, 2020

Your athlete's season will continue based on their placement at the following qualifiers:

- June 12-13, 20: USATF Gulf Championship in Houston, Texas
- July 7-11: USATF Region 12 Championship in Odessa, Texas
- July 22-Aug 2: USATF National Junior Olympics Championship in Jacksonville, Florida

### Pre-Season Camp + Track and Field Combo (\$235)

Save \$50 by signing up for both the Pre-Season Camp and Track and Field at the same time.

### Cross Country (\$155)

Registration opens August 1, 2020

Practice Location: Mary Jo Peckham Park

Monday, Tuesday, Thursday at 6pm

Practice Begins September 14, 2020

Your athlete's season will continue based on their placement at the following qualifiers:

- Nov 14: USATF Gulf Association XC Championship
- Nov 21: USATF Region 12 XC Championship in Southwestern Association
- Dec 14: USATF National Junior Olympics XC Championship in Lexington, KY

### Additional Costs

All Track and Field and Cross Country Athletes are required to have a current USATF membership. To apply or renew, go to [USATF.org](http://USATF.org). Meet fees are not included.

**REGISTER** at [katyexpresstrack.org/sign-up-information](http://katyexpresstrack.org/sign-up-information). For additional information, contact [ktexpress.registrar@gmail.com](mailto:ktexpress.registrar@gmail.com)

## INNER LOOP SITE INFORMATION

*This site specializes in Distance Running and Race Walk only*

### Pre-season Workout for Distance Athletes

Practice Locations: Hermann Park, Eleanor Tinsley Park, Memorial Park and Heights High School Track

Practice begins in January 2020. Team will meet twice a week until regular season begins. Contact Coach Dan at [dan.tubamorg@gmail.com](mailto:dan.tubamorg@gmail.com) to register.

### Track and Field (\$180)

Registration opens December 1, 2020

Practice Locations: Hermann Park, Eleanor Tinsley Park, Memorial Park and Heights High School Track

Monday, Wednesday, Thursday at 6pm

Practice Begins March 4, 2020

### Cross Country (\$155)

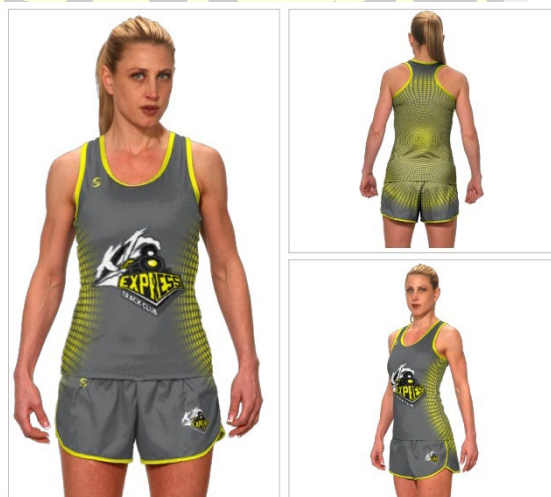
Registration opens August 1, 2020

Practice Locations: Hermann Park, Eleanor Tinsley Park and Memorial Park

Monday, Wednesday, Thursday at 6pm

Practice Begins September 2, 2020 (tentative)

### UNIFORM PACKAGE (\$105)



Men and Youth Boys sizes have a regular tank style back

Uniform packages include race singlet, black spandex shorts, team t-shirt and team drawstring bag. Matching shorts is an optional purchase.